

# SALT



# DI ITALIA

CAFE • BAR • RESTAURANT

## MENU



# Food Menu

Salt is the oldest flavour on earth. Before spice routes, before restaurants, before the art of cooking itself – there was salt. It is the ingredient that makes everything else sing.

At Salt di Italia, we believe Italian food is not a cuisine. It is a love language. Every dish on this menu is a conversation between the land, the season, and the hands that shaped it – rooted in the traditions of Italy, brought to life with the ingredients around us today.

Pull up a chair. Pour the wine. Let the food do the talking.

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# Breakfast Menu

**Served till 3:00PM**

All our breakfast are cooked with free range eggs

## Toast Your Way \$10

Sourdough, Raisin, Wholemeal Or Gluten Free |  
Choice Of Butter, Vegemite, Jam

**Add:**

|                      |     |
|----------------------|-----|
| Ham & Cheese         | \$4 |
| Ham, Cheese & Tomato | \$5 |

## Croissant \$10

Choice Of Butter, Vegemite, Jam

**Add:**

|                      |     |
|----------------------|-----|
| Ham & cheese         | \$4 |
| Ham, cheese & tomato | \$5 |

## Granola Bowl \$19

Creamy Yogurt | Crunchy Granola | Fresh Berries | Coconut  
Flakes | Chia Seeds | Drizzle Honey

## Eggs Benedict \$19

English Muffin | Ham | Choice Of Eggs | Chef's Hollandaise

## Bacon & Eggs \$21

Toasted Sourdough | Smokehouse Crispy Bacon | Choice Of  
Eggs | Grilled Tomato



## Truffle Mushroom Benedict

\$23

English Muffin | Sautéed Mushroom | Poached Eggs |  
Crumbled Feta | Chef's Hollandaise | Truffle Aioli

## Loaded Smashed Avocado

\$25

Toasted Sourdough | Seasoned Smashed Avocado | Poached  
Eggs | Crumbled Feta | Beetroot Tzatziki

## Chilli Scrambled

\$27

Toasted Sourdough | Trio of Egg Scrambled | Spring Onion | Chilli  
Jam Oil | Fried Shallots | Crumbled Feta

## French Toast

\$25

Cornflake Crusted Brioche Toast | Berri coulis | Maple Syrup |  
Vanilla Ice Cream | Fairy Floss | Seasonal Fruits | Waffle Cone

## Veggie Brekkie

\$28

Toasted Sourdough | Eggs Your Way | Grilled Halloumi | Sliced  
Avocado | Hash Brown | Grilled Tomato | Spinach | Sautéed Mushroom

## Big Brekkie

\$31

Toasted Sourdough | Eggs Your Way | Sausage | Bacon |  
Hash Brown | Spinach | Sautéed Mushroom | Grilled Tomato |  
Baked Beans

## Steak & Eggs

\$33

200gms Scotch Fillet | Eggs Of Your Choice | Housemade  
Chimichurri | Avocado | Hash Brown



## EXTRAS

|                       |       |
|-----------------------|-------|
| XTRA TOAST            | \$3   |
| GRILLED TOMATO        | \$3   |
| AVOCADO               | \$4   |
| EGGS (2)              | \$6   |
| GRILLED HALLOUMI      | \$5   |
| SAUTÉED MUSHROOMS     | \$5   |
| HASHBROWN             | \$3   |
| BACON                 | \$6   |
| CHORIZO               | \$6   |
| GLUTEN FREE BREAD/BUN | \$3.5 |
| All SAUCE             | \$2   |

## DESSERT

### Bueno Heaven \$24

Belgian Waffle | Vanilla Ice-Cream | Waffle Cone | Nutella Glaze | Bueno Sticks | Oreo | Strawberry | An Injection Of Premium Chocolate

### Biscoff Pancakes \$24

Housemade Pancakes | Warm Biscoff Sauce | Fresh Berries | Banana | Chocolate Ice Cream | Whipped Cream | Biscoff Crumb



# ENTRÉES

## Bowl Of Chips

\$11

Served w/ Tomato Sauce

## Bowl Of Wedges

\$13

Served w/ Sweet Chilli & Sour Cream

## Herb Garlic Bread

\$12

(Add cheese \$2)

## Arancini Balls

\$18

Truffle Mushroom & Cheese Arancini Balls  
Served w/ Garlic Aioli & Truffle Mayo

## Fried Chicken Tenders

\$18

Served w/ Sriracha Aioli

## Arancini Balls

\$19

Truffle Mushroom & Cheese Arancini Balls Served w/ Truffle Aioli

## Calamari Rings

\$20

Served w/ Asian Slaw Mix and Garlic Aioli



# BRUSCHETTA

## Traditional Tomato

\$19

Toasted Sourdough Garlic Bread, Topped w/  
Marinated Cherry Tomatoes, Fresh Basil, and Italian  
Balsamic Glaze.

## Italian Bruschetta

\$23

Toasted Sourdough Garlic Bread, Topped w/ Marinated  
Cherry Tomatoes, Fresh Basil, Sliced Prosciutto and Italian  
Balsamic Glaze.

## Burrata

\$25

Skin-Fresh Italian Mozzarella Di Buffalo, Fresh Tomato,  
EVOO, Sea Salt and Basil served w/Toasted Bread.



# BURGERS

Served w/ Chips

## Classic Veggie Burger

\$25

House Made Veggie Patty | Avocado | Cos Lettuce | Sliced Tomato | Sliced Onion | Aioli | American Cheese

## Southern Fried Chicken Burger

\$27

Crispy Thigh Fillet | Sliced Tomato | Cos Lettuce | Bacon | Chipotle Aioli | American Cheese

## Wagyu Beef Burger

\$29

Beef Patty | Bacon | Sliced Tomato | Egg | Smokey Bbq Sauce | American Cheese

# PASTA

Choice Of Spaghetti, Penne, Fettuccine or Risotto.  
Extra - Gluten Free, Beef Ravioli, Gnocchi

\$3

## Napoletana

\$27

Traditional Homemade Napoletana Sauce, w/ Fresh Basil, and Parmesan Cheese.

## Bolognese

\$29

Homemade Bolognese Sauce Slow Cooked w/ Premium Beef & Lamb Mince, Topped w/ Parmesan Cheese.

## Traditional Lasagna

\$30

Slow Cooked Homemade Lasagna w/ Premium Beef & Lamb Mince Bolognese Sauce, Served w/ Side Of Garden Salad.

— GF/V/Dairy Free —





## Carbonara

\$32

Crispy Bacon, Tossed w/ Egg Yolk & Cracked Black Pepper In a Creamy Sauce.

## Puttanesca

\$32

Seared Anchovies, Fresh Tomato, Capers, Kalamata Olives and Touch of Chilli, Cooked w/ Garlic in Napoletana Sauce.

## Con Pollo

\$33

Diced Chicken, Mushroom & Broccoli Cooked w/ Garlic in a Creamy Sauce.

## Calabrese

\$33

Italian Sausage, Bacon, Spanish Onion, Cherry Tomato, Chilli, and Olives Cooked In a Napoletana Sauce.

## De Funghi (GF, V)

\$33

Porcini and Button Mushroom, cooked with Spinach In a Creamy Sauce.

## Gamberi E Pesto

\$35

Prawns Cooked w/ Olives, Spanish Onion, Semi Dried Tomatoes, and Fresh Basil Pesto.

## Marinara

\$38

Prawns, Squid, Muscles, Scallops, Fish Cuts Cooked w/ Garlic, Lemon & touch of chilli In a Napoletana Sauce.



# FROM THE OCEAN

## Fish & Chips

\$28

Hoki Fillet Cooked to Your Liking Battered or Grilled  
Served w/ Chips, House Salad & Garlic Aioli.

## Salt Pepper Squid (GF)

\$30

Crispy Squid Served w/ Chips, House Salad & Garlic Aioli.

## Garlic Prawns (GF)

\$38

Juicy Prawns Cooked w/ Shallot Onion, Lemon, and Garlic In a Creamy Sauce Served On a Bed Of Steamed Rice and Sautéed Vegetables.

## Fish of the Day

\$42

Please Ask Front Staff



# FROM THE GRILL

## American Cut Pork Ribs

Cooked In Jack Daniels Smokey BBQ Sauce  
Served w/ Chips & House Salad.

Half: \$27

Full: \$45

## Lamb Shank

Braised Lamb Shank Slow Cooked In Rosemary and  
Red Wine Jus, Served w/ Mashed Potato and  
Sautéed Vegetables.

\$40

## Scotch Fillet

Highly Premium Marble Cut, Juice Scotch Fillet  
400 gms Cooked To Your Liking, Served w/  
Mashed Potato, Sautéed Vegetables.

\$50

## Rib Eye

Highly Premium Marble Cut, Juice Rib Eye 400  
gms Cooked To Your Liking, Served w/ Mashed  
Potato, Sautéed Vegetables.

\$56



# CHICKEN OR VEAL

## Pollo Avocado

\$37

Chargrilled Chicken Breast Topped w/ Fresh Avocado, Baby Spinach Cooked In a Garlic White Wine Creamy Sauce, Served w/ Mashed Potato and Sautéed Vegetables.

## Pollo Prosciutto

\$39

Chargrilled Chicken Breast Topped w/ Sliced Prosciutto, Swiss Cheese Cooked w/ Spinach In a Creamy Sauce, Served w/ Mashed Potato and Sautéed Vegetables.

## Pollo Con Funghi

\$40

Chargrilled Chicken Breast Topped w/ Button & Porcini Mushrooms In a Creamy Sauce, Served w/ Mashed Potato and Sautéed Vegetables.

## Scallopini Funghi

\$41

Pan Seared Veal Medallions Cooked w/ Porcini and Button Mushrooms In a Creamy Sauce Served w/ Mashed Potato and Sautéed Vegetables.

## Saltimbocca

\$43

Pan Seared Veal Medallions Layered w/ Prosciutto & Sage, Finished w/ Napoletana Sauce & Melted Swiss Cheese, Served w/ Sautéed Vegetables & Mashed Potato.

## Scallopini Pescatore

\$45

Pan Seared Veal Medallions Topped w/ Tiger Prawns & Calamari, Finished in a Creamy Garlic Lemon Sauce served w/ sautéed Vegetables and Mashed Potato.



## KIDS

|                   |      |
|-------------------|------|
| Fish & Chips      | \$15 |
| Penne Bolognese   | \$15 |
| Nuggets & Chips   | \$15 |
| Schnitzel & Chips | \$15 |
| Penne Napoletana  | \$15 |
| Cheese Burger     | \$15 |

## SCHNITZELS

Served with chips & house salad  
Your Choice of chicken or veal

|                          |      |
|--------------------------|------|
| Plain & Simple Schnitzel | \$27 |
|--------------------------|------|

|                        |      |
|------------------------|------|
| Traditional Parmigiana | \$31 |
|------------------------|------|

Layred with Napoletana Sauce, Topped w/ Ham & Mozzarella Cheese.

### Aussie Outback

|                                                                             |      |
|-----------------------------------------------------------------------------|------|
| Topped w/ Mushroom, Bacon, Fried Egg, Mozzarella Cheese & Smokey BBQ Sauce. | \$35 |
|-----------------------------------------------------------------------------|------|



# SALADS

## Warm Chicken Salad (GF)

\$26

Mixed Lettuce | Spanish Onion | Roasted Capsicum | Semi Dried Tomatoes | Cucumber | Balsamic Glaze | Italian Herb Dressing

## Chicken Ceasar Salad (GF)

\$28

Chargrilled Chicken | Cos Lettuce | Crispy Bacon | Garlic Herb Croutons | Poached Egg | Caesar Dressing | Shaved Parmesan

## Prawn & Avo Salad

\$33

Seared Prawns | Avocado | Cherry Tomato | Kalamata Olives | Spanish Onion | Rocket | Italian Herb Dressing

# SALT DIGITALIA

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